



# ANNUAL REPORT 2019-20

**SPANDAN SAMAJ SEVA SAMITI**

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## FROM DIRECTOR'S DESK

Spandan has been moving ahead to achieve its Mission of *“enabling the marginalized communities in a manner that they are able to secure their Human & Constitutional rights and lead a dignified life”*.

The organization persisted with its core program - community based malnutrition management that is a layered program with dual focus of helping currently malnourished children climb out of malnourishment and create a food secure environment to help marginalized families access most of the food and nutrition from their neighborhood.

The work of preservation of Korku language and culture has progressed with proactive research and documentation and transmission of new learnings especially for newer generation. The compiled data and information has been inputted into preschool and elementary education and Government has been mobilized to work in this directions. The text books are being prepared. This is a respect to children's right to mother tongue

The women empowerment has been a key focus and they have been empowered and enabled to play a lead role in community development through leadership, participation and voluntary labor contribution.

The support of Women & Child Development has been significant right from the grassroots to district level.

Finally I would like to express my heartfelt thanks to the Donors, Resource agencies and individuals who provided much needed financial and technical support. But above all my heart felt regard to my team who sweated to keep the work going on with objective in sight.

**Seema Prakash**

**Founder -Director**



***Malnutrition is a complex issue that requires multifaceted approach that should include both micro and macro factors causing and sustaining malnutrition***

## MARCHING ON

The organization in pursuit of its goals and objectives intervened in the scenario of extensive malnutrition and carried out a range of activities.

### COMMUNITY BASED MALNUTRITION MANAGEMENT

The community based malnutrition management is intended to help most of the malnourished children in a non-facility based care and very few referred to Nutrition Rehab Center. The malnourished children are proactively traced through growth monitoring and periodic surveys done usually with concerned Anganwadi worker. The children are then followed up with regular home visits, nutritional counselling and extending tangible project benefits. The beneficiary families are encouraged to avail the intended services if ICDS program and other scheme benefits like maternity benefits and wage earning options under MGNREGS.



Diet Demos are being done to help the mothers to understand the nutritional advantages of locally available food items and various recipes that are now being forgotten. Elderly women are usually engaged as facilitator to help younger ones learn the preparation of recipes.

628 SAM and 1846 MAM children were monitored and assisted during the period. There had



been encouraging fruit of efforts that helped 592 children climb out of malnutrition.

Our endeavors also included the care of pregnant women especially High risk women. They were assisted through counselling and collaboration with

grassroots health functionary and extended project benefits like vegetable seeds and multivitamins. 1304 high risk mothers were helped while 3443 mothers completed their ante-natal checks in their trimesters.

Backyard Nutrition Gardens is one of the key effort to help the families have access to vegetables and diversify their diets to have more micronutrient intake. Now 556 families have been regularly growing vegetables and some of them have scaled the production to have surplus to sell as well. 06 BNGs have been raised in 06 Anganwadi centers to help children have variety of vegetables in their feeding programs.



Community crèches continued to reach out to children below 03 years through day care facilities and helped the working mothers work with ease.

200 families persisted with Backyard Poultry and 81 of them erected makeshift chicken pens.

Other programs were celebration of breastfeeding day campaign wherein nearly 600 mothers were outreached with message of exclusive breastfeeding, right ways of breastfeeding and appropriate b nutrition. The discussions at the community level also included prevalent myths and their harm to children.

The target beneficiary families were also assisted to access the existing public scheme benefits. 26 mothers received maternity benefits while 39 could get old age pension. 86 daily wage earners were helped to apply and get wage employment under MGNREGS.



## TOWARDS FOOD SECURITY

It has been another focus area and efforts included - revival of cultural crops and promotion of organic farming and development of land and water resources to increase the per acre crop production. 956 families sowed Millet in part of their fields.

Those not having seeds could access Millet seeds

from the seed banks. The farmers have to return back the seed with little added to replenish and augment the seed banks. Currently the major cultural crops being revived includes- *Kutki* (small millet), *Sawa* (Indian Barnyard Millet) and *Jowar* (sorghum).



Farmers have been motivated to adopt sustainable agriculture practices that include self-



production and use of organic pesticides, manure and plant health tonics. 90 farmers have been seriously doing this and are able to demonstrate its utility. Their farms have been projected as model farms that educates and motivates the reluctant farmers have second thought.

Land and water conservation work have been undertaken regularly. It is done by people (especially women) who identify the locations and works and contribute their voluntary labor. The works included construction of loose stone check dams, sand bag check dams, deepening of ponds and land bunding. Altogether 1084 man-days of voluntary labor was contributed that in terms of official minimum wages would cost INR 208128.

The farmers have been organized into village collectives who meet and learn and share their experiences and thus adopt sustainable agriculture practices and access agriculture scheme benefits.

### **BEHAVIOR CHANGE COMMUNICATION**

It is an underlining program that has been aimed at demystifying malnutrition through various



communication techniques. A major focus this year has been to orient and skill the traditional community opinion leaders - *Bhumka* (the priest) and *Padiyar* (the tribal quack). Series of training and meetings and inter-personal discussions were undertaken to help them understand the causes and consequences of malnutrition, right approach to deal with malnourished

kids and their role in demystifying malnutrition among their kinsmen. They are usually viewed with suspicion by the outsiders but command significant respect and reliance upon by their community. 30 of them can now use MUAC tapes, recognize malnutrition by observable physical system and advice on diet diversification, referral to Nutrition Rehab Centers in cases of complication and motivate their kinsmen to revert back to cultural crops. A pictorial manual on training these tribal leaders too has been developed.



### **CONSERVING KORKU DIALECT**

This proactive effort has developed many IEC materials in Kokru dialect. A range of Colorful charts on various basic elements that a Kokru child sees around have been developed and used across more than 50 Anganwadis. It has been very effective and helps children to interact and learn in their mother tongue. We believe every child has the right to learn in his/her mother tongue at least in the elementary education. The local administration has taken a cue and developed manuals for Anganwadi centers. District Education Department is

also trying to develop supplementary learning materials in Korku language for language, math and science.

This year one of the unique publication has been the “Lexicon” in three language namely Korku, Hindi and English. It covers a variety of subjects related to Korku life and environment and society. It is a handy reference material for anyone willing to learn or research or develop it further.

### FINALLY

This snapshot of the organization’s work has been focused on its Mission to reduce malnutrition and hunger among the Korku tribe community. The organization has adopted a *layered* model that is based on the rationale *“to relieve the suffering of currently malnourished children and create a food secure environment wherein most of the marginalized families can access most of the food & nutrition from their neighborhood.”*

The model of community based malnutrition is becoming apparent and proving a point that with appropriate interventions most of the children can recover in the community itself and the incidence of malnutrition can be reduced.



# Finances

SPANDAN SAMAJ SEVA SAMITI KHANDWA, M.P. CONSOLIDATED BALANCE SHEET AS AT 31.03.2020					
Liabilities	Amount	Amount	Assets	Amount	Amount
<b>General Fund (Local):</b>			<b>Fixed Assets (LC) (As per schedule)</b>	62262	
Opening Balance 1.4.2019	6418478		<b>Fixed Assets (FC) (As per schedule)</b>	264929	327191
Less: Deficit for the year	2326351	4092127			
<b>Fixed Assets Fund (Contra): FC</b>			<b>Investments:</b>		
Opening Balance 1.4.2019	312528		FD With bank of India ( Glenmark )	3312260	3382260
Additions Durng the year	0		FD With bank of India ( Society )	70000	
Less: Depreciation for the year	47599	264929	<b>Current Assets : (LC)</b>		
<b>Earmarked Fund (FC):</b>			Telephone Deposit	4200	
Opening Balance 1.4.2019	1019946		Loans & Advances	50000	
Add: Received during the year	5279679		TDS Receivable	168492	222692
Sub-total	6299625		<b>Current Assets : (FC)</b>		
Less: Payments during the year	(6276643)	22982	Advance For Expenses (PHF)	7968	7968
			<b>Cash &amp; Bank Balances:</b>		
			Bank of India (Glenmark Project)	212205	
			BOI CD A/C 1159	19969	
			BOI SB A/C 0355	1620	
			BOI CD A/C 9471 (GEF/UNDP)	3053	
			BOI CD A/C 9471 (Trent)	157296	
			Cash in Hand (GEF/UNDP)	489	
			Cash in Hand (Trent Project)	5955	
			Cash in Hand (Glenmark Project)	13025	
			Cash in Hand (UNICEF Project)	4598	
			Cash in Hand (General)	6703	
			Cash in Hand (Others)	7946	
			Cash in Hand (PHF)	379	
			Cash in Hand (Sabal)	562	
			Cash in Hand (Madhyanchal)	254	
			IDBI SB A/C (madhyanchal)	63	
			IDBI SB A/C 15659 ( Others)	(2509)	
			IDBI SB A/C 15659 (PHF)	8128	
			IDBI SB A/C 5845 (Sabal)	190	439927
<b>TOTAL</b>		<b>4380038</b>	<b>TOTAL</b>		<b>4380038</b>

UDIN: 20023226AAAALF2573

PLACE : INDORE

DATE : 22.10.2020



AS PER OUR REPORT OF EVEN DATE ANNEXED  
FOR V.R.SUBRAMANIAN & CO  
CHARTERED ACCOUNTANTS

*Seena*  
SPANDAN SAMAJ SEVA SAMITI  
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KHANDWA -450 001 (M.P.)  
TEL: 0733-228501

*V.R. Subramanian*  
(V.R.SUBRAMANIAN)  
PROPRIETOR.  
(MEM: 023226 / FRN: 007786C)

*I would like to extend my hearty gratitude to all our donors and supporters who helped us in marching forward. I sincerely thank my team who sweated to realize the dream of the organization. Thanks also to the volunteers and interns who helped us in our work.....*

*SEEMA PRAKASH*

*FOUNDER DIRECTOR*

*AWARDED STREE SHAKTI SAMMAN- RANI LAXMIBAI PURUSKAR 2014*